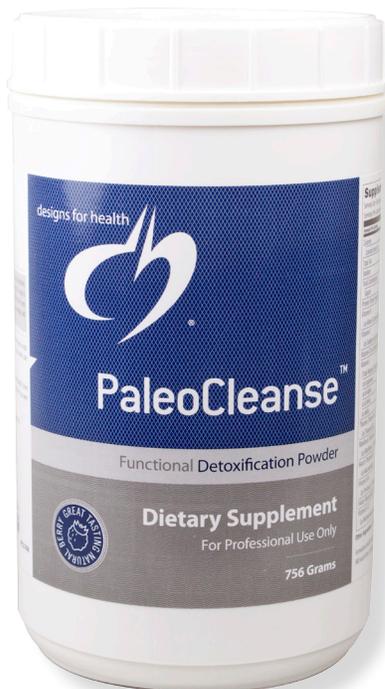


# PALEOCLEANSE™

*Comprehensive functional food powder for detoxification that tastes great, is low in carbohydrates, and is fructose free!*

*By David Brady, ND, DC, CCN, DACBN & Suzanne Copp, MS*

THIS INFORMATION IS PROVIDED FOR THE USE OF PHYSICIANS AND OTHER LICENSED HEALTH CARE PRACTITIONERS ONLY. THIS INFORMATION IS INTENDED FOR PHYSICIANS AND OTHER LICENSED HEALTH CARE PROVIDERS TO USE AS A BASIS FOR DETERMINING WHETHER OR NOT TO RECOMMEND THESE PRODUCTS TO THEIR PATIENTS. THIS MEDICAL AND SCIENTIFIC INFORMATION IS NOT FOR USE BY CONSUMERS. THE DIETARY SUPPLEMENT PRODUCTS OFFERED BY DESIGNS FOR HEALTH ARE NOT INTENDED FOR USE BY CONSUMERS AS A MEANS TO CURE, TREAT, PREVENT, DIAGNOSE, OR MITIGATE ANY DISEASE OR OTHER MEDICAL CONDITION.



PaleoCleanse™ contains quality macronutrients to fuel detoxification pathways, a full multivitamin/mineral for detoxification enzyme support, all the nutrients needed to support and balance phase I and II metabolic pathways, and high levels of antioxidant support for safe detoxification.

This liver formula also contains the most comprehensive array of herbal hepatics, alteratives and cholagogues to promote optimal liver function and elimination.

*PaleoCleanse™ features a plant-derived **pea protein isolate** made from non-GMO North American grown yellow peas. This pea protein is hypoallergenic, easy to digest, and has an excellent array of amino acids, including high levels of BCAAs (branched chain amino acids).*

As pea protein has ACE inhibitory activity, it may have a positive effect on the maintenance of normal blood pressure levels.<sup>1</sup> It has also been shown, in rat studies, to have a positive impact on total cholesterol and very low density lipoproteins (VLDL) by stimulating bile acid formation and excretion.<sup>2</sup>

*...and, importantly has been assayed to reveal undetectable levels of lectins.*

## **Recommended Use:**

As a dietary supplement, mix 18 grams (approx. one heaping scoop) in eight ounces of water or any other beverage per day, or as directed by your health care practitioner.



# PaleoCleanse™

## Supplement Facts

Serving Size 18 grams (approx. one scoop)  
Servings Per Container 42

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Calories	50	Biotin (as d-Biotin)	70 mcg 23%	Quercetin	100 mg †
Calories from Fat	5	Pantothenic Acid	12.5 mg 105%	Taurine	100 mg †
Total Fat	1 g 2%*	(as d-Calcium Pantothenate)		Milk Thistle	100 mg †
Sodium	150 mg 6%	Calcium	125 mg 13%	( <i>Silybum marianum</i> )(seed)	
Total Carbohydrate	3 g 1%*	(as DimaCal® Dicalcium Malate 100 mg, Calcium D-Glucarate 13 mg, Peatein™ 12 mg)		[standardized to contain 80% silymarins]	
Sugars	0 g †	Iron (from Peatein™)	2 mg 11%	Choline	50 mg †
Protein (from Peatein™)	8 g 16%*	Phosphorous	100 mg 10%	DL-Methionine	50 mg †
Vitamin A	2500 IU 50%	(as Dipotassium Phosphate)		Inositol	50 mg †
(as Mixed Carotenoids from Algae)		Iodine (as Potassium Iodide)	25 mcg 17%	N-Acetyl-Cysteine (NAC)	50 mg †
Vitamin C	250 mg 417%	Magnesium	100 mg 25%	Methylsulfonylmethane (MSM)	50 mg †
(as Sodium Ascorbate)		(TRAACS® Magnesium Glycinate Buffered)		Sodium Sulfate	50 mg †
Vitamin D (as Cholecalciferol)	25 IU 6%	Zinc	3.5 mg 23%	Green Tea	25 mg †
Vitamin E	100 mg *	(TRAACS® Zinc Glycinate Chelate)		( <i>Camellia sinensis</i> )(leaves)	
(Total Natural Tocopherols)		Selenium (as Selenomethionine)	25 mcg 36%	[standardized to contain 45% EGCG and 98% polyphenols]	
as d-gamma	70 mg *	Copper	500 mcg 25%	Celandine ( <i>Cheilonium majus</i> )	25 mg †
as d-alpha	10 mg/15 IU 30%	(TRAACS® Copper Glycinate Chelate)		Dandelion Extract	25 mg †
as d-beta	2 mg *	Manganese	500 mcg 25%	( <i>Taraxacum officinale</i> )(root)	
as delta	18 mg *	(TRAACS® Manganese Glycinate Chelate)		Fringe Tree	25 mg †
Thiamin (Vitamin B-1)	1.5 mg 100%	Chromium	25 mcg 21%	( <i>Chionanthus virginicus</i> )(bark)	
(as Thiamin HCL)		(TRAACS® Chromium Nicotinate Glycinate Chelate)		L-Glutathione	12.5 mg †
Riboflavin (Vitamin B-2)	1.5 mg 88%	Molybdenum	25 mcg 33%	Vanadium	25 mcg †
(as Riboflavin-5-Phosphate)		(TRAACS® Molybdenum Glycinate Chelate)		(TRAACS® Vanadium Nicotinate Glycinate Chelate)	
Niacin (Vitamin B-3)	4 mg 20%				
(as Niacinamide)		Glycine	750 mg †		
Vitamin B-6	2 mg 100%	L-Threonine	275 mg †		
(as Pyridoxal-5-Phosphate)		L-Lysine	275 mg †		
Folate (NatureFolate™ blend)	50 mcg 13%	L-Cysteine	125 mg †		
Vitamin B-12	2 mcg 33%	Calcium D-Glucarate	125 mg †		
(as Methylcobalamin)					

\*Percent Daily Values are based on a 2,000 calorie diet.  
†Daily Value not established.

**Other Ingredients:** Tapioca dextrin, natural berry flavor, natural vanilla flavor, vegetable cellulose, stevia (leaf) extract.

### References:

1. In vitro intestinal transport and antihypertensive activity of ACE inhibitory pea and whey digests. Vermeirssen V, Augustijns P, Morel N, Van Camp J, Opsomer A, Verstraete W. Int J Food Sci Nutr. 2005 Sep;56(6):415-30
2. Dietary pea protein stimulates bile acid excretion and lowers hepatic cholesterol concentration in rats. Spielmann J, Stangl GI, Eder K. J Anim Physiol Anim Nutr (Berl). 2008 Dec;92(6):683-93